



Red Mountain

January Training Track Camp

January 7th – February 1st, 2019



GRADE LEVELS:	9 th – 12 th RM boys and girls
DATES:	January 7 th – February 1 st
DAYS/TIMES:	Monday – Friday 3:00 PM – 5:00 PM
LOCATION:	Red Mountain High football stadium
COST:	\$50 on-line registration, \$60 mail-in registration
FOCUS:	Track conditioning and strength training, only for those athletes that plan on being on the 2019 RM Track & Field team. General preparation for the upcoming season, running drills, workouts, jumping, throwing, and distance workout. Specific to events.
CONTACT:	Coach Josh Barge at 816-516-4968

Save \$10, register online <https://mpswbpay.mpsaz.org>

OR

Mail or bring to: Red Mountain Book Store
7301 East Brown Road
Mesa, AZ 85207

Student Name:	Grade: _____
Parent/Guardian:	School: _____
Phone: (H) _____ (C) _____	Student ID#: _____
Email: _____	
Emergency Contact Name:	
Phone: (H) _____ (C) _____	
I give permission for my child to participate in the sports program listed. I/we understand all risks and hazards incidental to such participation and do hereby waive, release, absolve, indemnify and hold harmless Mesa Public Schools and the school from any claim arising out of any injury to my child.	
Parent Signature: _____	
I give permission to photograph my child during camp participation for publicity use and/or news release. <input type="checkbox"/> YES <input type="checkbox"/> NO	
Does your child have health conditions/concerns of which staff should be aware? If so, please explain:	

PAYMENT:

To pay by debit card or credit card and register online at <https://mpswbpay.mpsaz.org>.
 For online payment questions call (480) 472-0118. For camp related questions, contact the coach listed above.
 Check # _____ Check amount \$ _____

For office use only: Item # D1307a Q3 2019

*Make checks payable to Red Mountain High School.