



Sign up Today!

Summer 2019

Toro Football Strength and Skills Camp

Toro Football Strength and Skills Camp is designed to introduce athletes to the Toro Football and Strength Programs using proven training techniques and nutrition guidelines to help them develop successful habits. The 7 week camp is focused on exercises that promote movement quality, strength, agility and speed.

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| Sessions: | FOOTBALL |
| Grades: | 9th-12th Grade Boys |
| Dates: | May 28th –June 27th, July 15th-19th |
| Days: | Monday, Tuesday, Wednesday, Thursday |
| Location: | MVHS Annex Weight Room |
| Cost includes T Shirt: | \$125 online registration \$135 mail in / bookstore |
| Times: | <input type="checkbox"/> Varsity Football 6:30-8:00 am in the Weight Room and on the Field 8:00-9:00 am. <input type="checkbox"/> JV Football 7:00-7:30 am on the Field and in the Weight Room 7:30- 9:00 am. <input type="checkbox"/> Freshman Football 7:30-8:30 am on the Field and in the weight room 8:30-10:00 am. |
| Contact: | Mike Fell, 419-673-5888, mefell@mpsaz.org Rusty Pagano, 480-472-6968, rapagano@mpsaz.org Billy Roberts, 480-472-6969, whroberts@mpsaz.org |

SAVE \$10, REGISTER ONLINE@ <https://mpswebpay.mpsaz.org> or submit registration below to:

MVHS Bookstore 2700 E Brown Rd. Mesa, AZ 85213

NO REFUNDS unless Strength Camp is canceled

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| Student Name: | Grade: _____ Age: _____ |
| Parent/Guardian: | School: _____ |
| Phone: (H) _____ (C) _____ | Student ID#: _____ |
| Email: _____ | |
| Emergency Contact Name: | Shirt Size: Adult sizes only |
| Phone: (H) _____ (C) _____ | <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL |
| I give permission for my child to participate in the sports program listed. I/we understand all risks and hazards incidental to such participation and do hereby waive, release, absolve, indemnify and hold harmless Mesa Public Schools and the school from any claim arising out of any injury to my child. | |
| Parent Signature: _____ | |
| I give permission to photograph my child during camp participation for publicity use and/or news release. <input type="checkbox"/> YES <input type="checkbox"/> NO | |
| Does your child have health conditions/concerns of which staff should be aware? If so, please explain: | |

*Make checks payable to Mesa Public Schools.

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| PAYMENT: To pay by debit card or credit card and receive a discount, register online at https://mpswebpay.mpsaz.org . For online payment questions call (480) 472-0118. For camp related questions, contact the coach listed above. Check # _____ Check amount \$ _____ Make checks payable to Mesa Public Schools. For office use only: Item # D1340a Q5 2019 |
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