



Sign up Today!

Summer 2018

Toro Strength and Athletic Performance Camp

Toro Strength and Performance Camp is designed to introduce athletes to proven training techniques and nutrition guidelines to help them develop successful habits. The 5 week camp is focused on exercises that promote movement quality, strength, agility and speed. Workouts are conducted by Mountain View's certified and highly qualified strength and conditioning specialists.

Sessions:	GENERAL ATHLETES	KID FIT
Grades:	7th-12th Grade Boys & Girls	3rd-6th Grade Boys and Girls
Dates:	May 29th –June 28th	May 29th –June 28th
Days:	Monday-Thursday	Monday-Thursday
Location:	MVHS Annex Weight Room	MVHS Annex Weight Room
Cost includes T Shirt:	\$125 online registration \$135 mail in / bookstore	\$90 online registration \$100 mail in / bookstore
Times:	<input type="checkbox"/> General Session 1 9:30-11:00 am <input type="checkbox"/> General Session 2 12:30-2:00 pm	<input type="checkbox"/> KID FIT 10:30-11:30 am
Contact:	Billy Roberts, 472-6969, whroberts@mpsaz.org Rusty Pagano, 472-6968, rapagano@mpsaz.org	

SAVE \$10, REGISTER ONLINE@ <https://mpswebpay.mpsaz.org> or submit registration below to:

MVHS Bookstore 2700 E Brown Rd. Mesa, AZ 85213

NO REFUNDS unless Strength Camp is canceled

Student Name:	Grade (Fall '18): _____
Parent/Guardian:	Age: _____
Phone: (H) _____ (C) _____	School: _____
Email: _____	Student ID#: _____
Emergency Contact Name:	Shirt Size: Adult sizes only
Phone: (H) _____ (C) _____	<input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL
I give permission for my child to participate in the sports program listed. I/we understand all risks and hazards incidental to such participation and do hereby waive, release, absolve, indemnify and hold harmless Mesa Public Schools and the school from any claim arising out of any injury to my child.	
Parent Signature: _____	
I give permission to photograph my child during camp participation for publicity use and/or news release. <input type="checkbox"/> YES <input type="checkbox"/> NO	
Does your child have health conditions/concerns of which staff should be aware? If so, please explain:	

*Make checks payable to Mesa Public Schools.

PAYMENT:
To pay by debit card or credit card and receive a discount, register online at https://mpswebpay.mpsaz.org . For online payment questions call (480) 472-0118. For camp related questions, contact the coach listed above.
Check # _____ Check amount \$ _____
Make checks payable to Mesa Public Schools.
For office use only: Item # D1340b Q5 and D1340c Q5 2018