

Walt Sword was inducted into the NASA Hall of Fame

Walt Sword was inducted into the NASA Hall of Fame this past weekend. NASA is a drug free power lifting organization.

Coach Sword has been a competitive "drug-free" power lifter since 1979. He has held State records in Ohio, Florida, & Arizona. He has held American & World Records in the Squat, Bench, & Deadlift. He has won the USA & AAU Nationals, the Masters Nationals, and the World Cup. Coach Sword has done a triple-bodyweight Squat, a double-bodyweight Bench, & a triple-bodyweight Deadlift. He is in the top 100 all-time lifters in all weight classes & age groups, the top 50 all-time lifters by weight class, & the top 25 all-time lifters by age group. In 2008, he was named the top Masters Bench Presser in the USA.

Mesa Public Schools would like to congratulate Coach Sword for this outstanding accomplishment.