

MPS ATHLETIC STATEMENT OF AWARENESS

INSTRUCTIONS: The student and parent/guardian must read, complete, sign and return this form before the student will be permitted to begin athletic participation. The student and parent/guardian should not sign this form until they have viewed the "Mesa Public Schools Informed Consent Video" and obtained answers to any questions regarding health risks and safety practices of athletics.

Student Name _____ Student ID # _____

Parent/Guardian Name _____ School _____

As a student and as the parent/guardian of the student, we acknowledge the following:

1. Health Risks and Safety Practices

We have viewed the "Mesa Public Schools Informed Consent Video" and considered the health risks associated with participation in athletics. We are also aware of the safety practices of the school's athletic program, which require the student to:

- Learn the rules of the sport.
- Diligently try to learn proper technique for the sport.
- Participate in physical conditioning in preparation for athletic competition.
- Maintain proper hydration (water intake).
- Advise the coach or trainer of any signs of physical injury.
- Advise the coach or trainer if equipment is damaged or fits poorly.

2. Insurance Needs

We are aware that Mesa Public Schools does not provide accident or health insurance coverage for student athletes and have independently determined whether we should obtain, at our cost, such insurance. We have received information regarding a company that offers student accident and health insurance.

3. Harassment / Hazing

Abusive or humiliating harassment or hazing is strictly prohibited within Mesa Public Schools. These are unacceptable practices in any athletic, extracurricular or academic endeavor. Students who engage in any type of harassment and/or hazing can expect to be disciplined under the Mesa Public Schools' "Guidelines for Student Behavior." I understand the letter and spirit of the information printed above, and will not be involved in any type of harassment and/or hazing.

4. Sportsmanship Standards

Mesa Public Schools regards its athletic programs as a means of educating students in values of discipline, teamwork and respect for rules. Schools and their athletic teams are authorized to adopt codes of conduct for team members. Parents and spectators are also required to act in an appropriate manner during athletic events. Violation of a conduct standard may result in disciplinary action, including dismissal from further athletic participation by the athlete or future attendance by a spectator.

5. AIA Position Statement – Supplements, Drugs and Performance Enhancing Substances

Mesa Public Schools supports the Arizona Interscholastic Association (AIA) regarding this position. A balanced diet is optimal for meeting the nutritional needs of a student athlete. Nutritional supplements are rarely, if ever, needed to replace a healthy diet. Individual consideration for specific medical conditions may be given. We share strong opposition to "doping" (www.wada-ama.org). There is no place for recreational use of drugs, alcohol or tobacco in the lifestyle of the student athlete.

6. Photo Use

I give permission for the school district to use photos taken from athletic events and for athletic purposes to be displayed on the district and school web pages.

I have read and understand the foregoing acknowledgements.

Form Revised - June 2005

Student Signature _____ Date _____

Parent/Guardian Signature _____ Date _____