

2010-2011 Central Region Wrestling All-Region Team

- 103 Alex Herrera- Dobson
Andrew Medina-Basha
Zach Turner-CDS
- 112 Glenn Farina- CDS
Cayman Nielson-Mtn View
Tarin Sherwood- Dobson
- 119 Trevin Waite-Highland
Octavio Penunuri- Mtn. View
Brody Burch- Basha
- 125 Chad Done- Highland
Dominic Buono- Basha
Dakota Atwood – Mtn View
- 130 Curt Done- Highland
Robert Butler-CDS
Sam Schultz-Dobson
- 135 Ryan Campbell- Dobson
Grant Huber- Mtn View
Luis MacBuhrley-Highland
- 140 Monty- Mtn. View
Johnson- Gilbert
Mason Darveaux
Allen- Dobson
- 145 Isaac Hayes- Dobson
Jason Landrum-CDS
John Breeze -Basha
- 152 Rodney Hamlett- Gilbert
Dylan Hannah-Dobson
Preston Browning-Basha
- 160 Jon Huber- Mtn.View
Cody Barriente-Dobson
Davey Waddell -CDS
- 171 Tyler Cattey – Gilbert
Christian Allen – Highland
Trey Ronayne – Basha
- 189 Colten Oliver – Highland
TJ Thomas- Dobson
Max Casey- Mtn View
- 215 Simon Allen – CDS
Thomas Aldrete- Dobson
James Cook-Highland
- 285 Corbin Cooke-Mesquite
Kyle Alexander- Mtv. View
CJ Anderson- CDS

Central Region Wrestler of the Year –Corbin Cooke-Mesquite
Central Region Coach Of the Year-Able Figueroa-Highland